

## Vegetarian Resources

### PeTA

PeTA focuses its attention on the four areas in which the largest numbers of animals suffer the most intensely for the longest periods of time: on factory farms, in laboratories, in the clothing trade, and in the entertainment industry. They also work on a variety of other issues, including the cruel killing of beavers, birds and other "pests," and the abuse of backyard dogs.

### Vegan Outreach

VO is working to expose and end cruelty to animals through the widespread distribution of our illustrated booklets (pdfs): *Why Vegan, Even If You Like Meat*, and *Try Vegetarian*, along with our follow-up *Guide*. These are distributed by many people, from middle school students to animal advocacy organizations (FARM, Farm Sanctuary, The Fund for Animals, In Defense of Animals, Peta, Viva!USA, etc.).